**Health Economics Research Centre** 

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## Has the impact of diagnosis of coeliac disease changed over time?

Project team: Mara Violato, Alastair Gray

Coeliac disease (CD) is often diagnosed only after a long period of sometimes quite severe symptoms. These symptoms may cause significant discomfort and anxiety, and interfere with everyday life. As part of a wider research project to explore living with CD in the UK, in collaboration with the charity Coeliac UK, we investigated whether delays to diagnosis and quality of life (QoL) pre- and post-diagnosis changed over the decade 2006-2015.

We designed a postal survey, with input from Coeliac UK, which included questions on age, gender, time to/since diagnosis, type/duration of symptoms and QoL pre- and post-diagnosis. The survey was sent to 4,000 Coeliac UK members in September 2015. The questionnaire responses were analysed using descriptive and regression methods, and these results were compared to those from a similar survey that we conducted in 2006.

The survey response rate was 40%. We found that 65% of respondents experienced at least four symptoms before diagnosis, an improvement on 78% in 2006. The most common symptoms were abdominal pain/ bloating, diarrhoea, chronic fatigue, flatulence and anaemia. Mean QoL (measured using the EQ-5D-3L instrument) before diagnosis was 0.65 in 2015, better than the value of 0.56 we found in 2006. Mean QoL increased to 0.80 after diagnosis and adherence to a gluten-free diet in both surveys, comparable with the QoL of the general population. However, despite increasing availability of diagnostic tests and growing awareness of CD, we found little evidence that delay to diagnosis has shortened over time: 12.8 years in 2015, compared with 13.3 years in 2006. More active and better-informed screening strategies are needed to reduce these diagnostic delays and substantially improve QoL of people with CD.

For more information: https://doi.org/10.1186/s12876-019-0980-6

I ...despite increasing availability of diagnostic tests and growing awareness of coeliac disease, we found little evidence that delay to diagnosis has shortened over time.



## HERC

## What is the value of LDL cholesterol lowering in chronic kidney disease?

Project team: Iryna Schlackow, Seamus Kent, Alastair Gray, Boby Mihaylova

People with chronic kidney disease (CKD) are at increased cardiovascular disease (CVD) risk. In pre-dialysis CKD, statin-based treatments safely reduce LDL cholesterol and cardiovascular risk and are recommended for use. A number of such treatments are now available at low cost in the US and UK but their lifetime cost-effectiveness in people with CKD was largely unknown.



HERC researchers together with colleagues from the Clinical Trial Service Unit built upon their previous work and evaluated the lifetime cost-effectiveness of a range of statin and ezetimibe regimens in people with moderate-to-advanced CKD (stages 3B to 5). The patientlevel data from the Study of Heart and Renal Protection (SHARP), the SHARP CKD-CVD lifetime policy model and the effects of statinbased therapies from the Cholesterol Treatment Trialists' (CTT) patient-level meta-analyses were used to assess cost-effectiveness. Results were presented by patients' severity of renal impairment, level of cardiovascular risk and age at initiation of treatment.

In this study, published in *Kidney International*, low-cost generic statins (e.g. atorvastatin 40mg daily) were found to be cost-effective (at thresholds of \$100,000/QALY in the US and £20,000-30,000/QALY in the UK) in all categories of non-dialysis dependent patients with moderate-to-advanced CKD both in the US and UK, as was adding ezetimibe 10mg to statin treatment. The results were similar in sensitivity analyses with added potential statin adverse effects and simulated lower rates of adherence with treatments.

Low-cost statin/ezetimibe treatments are cost-effective for reducing cardiovascular risk in non-dialysis-dependent CKD, and the most cost-effective regimen is the one that maximises the statin dose without compromising safety.

For more information: https://www.herc.ox.ac.uk/research/sharp

## Surgical time is money!

#### Project team: Matthew Little, Alastair Gray, Jacqueline Murphy

Coronary artery bypass grafting (CABG) is one of the most commonly performed operations globally and an established and effective treatment for symptomatic advanced coronary artery disease. Standard practice of using a single internal thoracic artery (SITA) graft is known to be safe and effective. Observational studies have suggested bilateral internal thoracic arteries (BITA) may offer improved long-term patient outcomes in comparison to SITA despite being a more complicated procedure. The Arterial Revascularisation Trial (ART) was designed to address these concerns, with a primary objective of comparing 10-year survival rates associated with BITA over SITA grafting. Five-year data from ART are now available, and we recently used this to assess the long-term cost implications of BITA grafting compared to SITA grafting from an English healthcare perspective.

We previously published a one-year cost comparison from ART showing BITA grafting to be associated with 9% higher costs, primarily due to longer time in theatre and in hospital, and higher costs related to the treatment of sternal wound infections during follow-up. This initial difference was maintained to five years of follow-up with total costs increasing by approximately £1,000 annually in each arm. There were no significant differences between the trial arms in the costs associated with healthcare contacts, medication use or serious adverse events. We found larger differences in certain patient subgroups, particularly for patients with diabetes compared with patients without diabetes. with differences driven by longer stays in hospital, higher outpatient costs and costs associated with sternal wound infections.



Our results were published in *Heart* in February 2019 and will be of value to clinicians and healthcare policymakers considering the potential cost implications of moving from SITA to BITA, and researchers looking to assess the long-term cost-effectiveness of BITA.

For more information: http://dx.doi.org/10.1136/heartjnl-2018-313932

**Funding** James Buchanan and Sarah Wordsworth have recently been awarded funding by Genome British Columbia's (BC) Genesolve program and Illumina Inc. for the project "Quantifying the value of genomics driven health care for children with rare diseases: a multi-country economic analysis". This project – which will also involve John Buckell at HERC – is a collaboration with Dean Regier at British Columbia Cancer, and colleagues at the University of British Columbia, BC Children's Hospital and BC Women's Hospital and Health Centre. The aim of this work is to generate evidence for the appropriate and sustainable adoption of exome and genome sequencing to diagnose and guide treatment for children with rare diseases.

## Improving trial designs for estimating optimal antibiotic treatment durations

Project team: Koen Pouwels, Sarah Wordsworth



Diamonds show hypothesised event rates for the two randomised groups as designed

Antibiotic resistance is an important cause of morbidity, mortality and economic burden worldwide. A key driver of antibiotic resistance is antibiotic use. Doctors often prescribe antibiotic courses that are longer than guideline recommendations. One of the underlying reasons might be that for several infectious diseases the optimal antibiotic course length remains unclear. Courses should be long enough to treat infections effectively, yet short enough to reduce the incidence of side effects and the development and spread of antibiotic resistance.

Antibiotic durations for several infections are not guided by randomised controlled trial (RCT) evidence on optimal duration. Where treatment durations have been compared in RCTs, generally two rather arbitrarily chosen treatment durations were selected for comparison. An issue with such two-arm trials is that they are unlikely to identify optimal treatment durations, potentially leading to suboptimal clinical practice.

HERC researchers collaborated with colleagues from Oxford, London, the Netherlands, Singapore and Thailand to explore whether optimal antibiotic treatment durations could be better estimated using alternative trial designs that allow allocation of patients to multiple different treatment durations. Such multi-arm designs can be used to model duration-response curves (see figure). These curves provide information about outcomes associated with different durations, including those not considered in the trial, by 'borrowing' information from nearby durations. Different fixed and (response-)adaptive multiarm duration designs that could be used to estimate optimal treatment durations were considered and compared on several relevant aspects, including the ability to model (subgroup-specific) duration-response curves, risk of allocation concealment bias and statistical efficiency. This work was recently published in *BMC Medicine*.

Given the theoretical performance of the considered designs, we concluded that fixed duration designs or designs that can drop clearly inferior arms (drop-the-loser) have the most potential to identify optimal antibiotic treatment durations for different conditions and patient populations, compared to conventional two-arm RCTs. Strengthening the evidence on antibiotic treatment duration is critical in guiding antibiotic stewardship and reducing harm from antibiotic resistance and adverse drug effects.

For more information: https://doi.org/10.1186/s12916-019-1348-z

## How do economists help central government thinking?

Project team: Laurence Roope

Economic thinking is increasingly employed across most areas of government activity. The continuing rise of economics across central governments around the world has a potentially important role to play in how countries and international organisations think and operate. However, there is very little research on what professional economists in government actually do. As professional economists play an important role in government, better knowledge of what they do might help to identify training gaps, and may have implications for the content of economics degree courses.

In a recent HERC study, in collaboration with the Open University and Birkbeck College, we sought to improve our understanding of the role of economists in UK government. In the study, published in the *International Journal of Public Administration*, we surveyed over 500 members of the UK Government Economic Service, and used the results to shed light on the activities and thinking of practitioners.

The study found that government economists use a range of concepts and tools that have been developed throughout the subject's history. Mainstream neo-classical ideas are still valuable to professional practitioners, but they are increasingly used alongside newer fields of economics, such as behavioural economics – particularly 'nudge' theory. While mainstream economics has the feeling of a single paradigm, professional practice draws on it in conjunction with other competing paradigms.

A key finding was that the portfolio of tasks that economists in government undertake is not necessarily well reflected in university curricula. For example, 'synthesising evidence' was reported as being the single most widely performed task in government. This gives rise to concerns that standard economic educational training, where quantitative skills are generally prioritised, may not provide government professionals with sufficient training for some of their most important economics-related job tasks.

Hopefully our paper will help to stimulate further scrutiny of ways in which economic thinking shapes the world, and how this process can be improved.

For more information: https://doi.org/10.1080/01900692.2019.1575668



## HERC

### **Big biomedical data – big challenges for health economists?**

Project team: Patrick Fahr, James Buchanan, Sarah Wordsworth



The growth in genomic data, linked with clinical information from electronic health records, has led to the production of biomedical big data (BBD). Such aggregated observational data can inform the use (or not) of "precision medicine", which involves the tailoring of health interventions based on a patient's individual characteristics. The latest technology used to provide genomics-based precision

medicine is known as next-generation sequencing (NGS). NGS technologies can allow for the sequencing of the entire genome, enabling more precise diagnoses and contributing to the development of more tailored treatments.

Economic evaluations that make use of BBD could help to inform decisions on whether precision medicine approaches based on NGS are cost-effective. However, there are practical and methodological challenges associated with incorporating BBD into economic evaluations. We conducted a literature review to identify and summarise

these challenges, which was recently published in *Applied Health Economics and Health Policy.* 

We identified challenges related to data management, data quality and data analysis. The availability of large volumes of data from multiple sources and the need for data linkages within an environment of opaque data access and sharing procedures present practical challenges but these may be resolved if procedures for data access and sharing improve. However, the use of complex and aggregated heterogeneous BBD sources, of which observational data make up a significant proportion, results in challenges related to data quality, such as missing data or the presence of unobserved confounding. In addition, the need to accommodate the dynamic nature of genomics data (for example, periodically updated diagnostic yield) and the increase in information provided by BBD will likely require health economists to develop potentially more complex economic evaluation methods going forward.

Health economists face challenges when using BBD in economic evaluations but solutions to some of these challenges exist. Going forward, it will be important for health economists to document challenges and disseminate solutions to support future researchers in this area.

For more information: https://doi.org/10.1007/s40258-019-00474-7

### Pharmaceutical Policies in the Long Run: Reflections on the 60th Anniversary of the Hinchliffe Report

#### Symposium, 11th November 2019, Merton College, Oxford

HERC is organising a symposium to mark the 60<sup>th</sup> anniversary of the Hinchliffe Report, which was a government committee that was tasked with examining the rise in pharmaceutical expenditure following the introduction of the NHS. The symposium will first reflect on the report in order to understand the degree to which we face similar challenges today and the degree to which we have been able to address these challenges. Second, if a Government was to commission a report to look at pharmaceutical expenditure today, what potential long-term recommendations could be made to address current challenges? For further information and registration: www.herc.ox.ac.uk/upcoming-events/60th-anniversary-of-the-hinchliffe-report

### ouppus

## Impact of achieving primary care targets in type 2 diabetes



Project team: Mi Jun Keng, Apostolos Tsiachristas, José Leal, Alastair Gray, Borislava Mihaylova

Despite recent improvements in achieving NICE defined treatment targets for blood glucose, cholesterol and blood pressure among patients with type 2 diabetes, the percentage of patients achieving all three targets is relatively low in England and Wales. There is wide variation in target achievement rates across GP practices, ranging from 27% to 54% across deciles of GP practices.

In this study, we used data from the National Diabetes Audit and employed the UK Prospective Diabetes Study Outcomes Model to assess the impact of variation in treatment target achievement rates on lifetime risk of diabetes complications, (quality-adjusted) life expectancy and complication-related healthcare costs for patients with type 2 diabetes.

We found that achieving more treatment targets was associated with a lower risk of experiencing a range of diabetes-related complications, and patients would live on average six months longer for each additional treatment target achieved. Achieving all three treatment targets would reduce the costs of treating complications to the NHS by about £1,000 per patient. This could lead to substantial savings for the NHS, considering the high and increasing prevalence of type 2 diabetes in England and Wales (3 million patients as of 2018). Our results suggest that if the 10% lowest performing GP practices (27% patients achieving all targets) were to reach the target levels achieved by the top 10% performing GP practices (54% patients achieving all targets), they would realise an average gain of 30 years of life for every 100 patients. These benefits would double if these practices could get all their patients to achieve all three treatment targets.

The results of this study could help healthcare commissioners to evaluate the medium and long-term effects of strategies to improve diabetes care, and the comparative cost-effectiveness of these strategies. A simple template to explore these results for individual patients or GP practices is available at http://www.herc.ox.ac.uk/ downloads/supportingmaterial.

For more information: https://doi.org/10.1111/dom.13821

## HERC

## **Spotlight on Inna Thalmann**



I joined HERC as a DPhil student in October 2017 to investigate the rates and determinants of medication use for the secondary prevention of cardiovascular disease (CVD) in the UK. Supervised by Boby Mihaylova, Iryna Schlackow, Alastair Gray and David Preiss, my research aims to explore determinants of cardiovascular

medication use at different treatment stages and to assess the effect of medication non-adherence and low-dose statin prescribing on subsequent cardiovascular events. In addition, I will evaluate the impact of the abolition of prescription charges in Scotland and explore the application of machine learning techniques to provide further insight on the current barriers to CVD prevention and risk factors of suboptimal drug use. My research at Oxford is funded by an MRC, BHF and NDPH scholarship, and uses routinely collected administrative NHS Scotland data (including hospitalisations, prescribing and mortality), as well as the UK Biobank.

Prior to my doctoral research, I worked as a Public Policy Consultant at LSE Health, where I was involved in the evaluation of efficiency potentials in the Austrian social insurance and health system. Before that, I completed an MSc in Health Economics and International Health Policy at the London School of Economics.

My time at HERC has allowed me to meet inspiring researchers and to work on innovative research that will support novel effective policies for treatment amelioration and lifestyle management that are urgently needed, given the high burden and costs of CVD.

## **HERC Seminars**

#### **Convenor: Stephen Rocks**

HERC runs a series of seminars with invited speakers from the health economics community who talk on a wide range of applied and methodological topics.

In June, **Dr Hong II Yoo**, Associate Professor in Economics, Durham University Business School, Durham University, visited HERC to present his work on: *Dynamic Consistency, Sample Selection and Attrition: A Panel Experiment on Individual Discount Rates.* 

In June, **Michelle Tew**, PhD Candidate at the Centre for Health Policy, Melbourne School of Population and Global Health, The University of Melbourne visited HERC to present her work on: *Quality of Life Trajectories in Total Knee Replacement Patients: What can they tell us?* 

Details of forthcoming talks can be found on the HERC website: http://www.herc.ox.ac.uk. To be added to our mailing list for future seminars, email us at herc@ndph.ox.ac.uk

#### Presentations by members of HERC

Sixth International Meeting on Experimental and Behavioral Social Sciences (IMEBESS) Utrecht, Netherlands, May 2019 Francesco Salustri An experiment on ambiguity in clinical decision making

21<sup>st</sup> National Conference for

Health Economics Bergen, Norway, May 2019 James Buchanan The health economics of genomic sequencing

UK Kidney Week Brighton, June 2019 Claire Simons Model of cardiovascular disease in people with reduced renal function using routine healthcare data

Society for Academic Primary Care Exeter, July 2019

Iryna Schlackow Model of cardiovascular disease in

people with reduced kidney function using routine healthcare data

#### **Claire Simons**

Monitoring and management of chronic heart failure in primary care: an overview of economic models [Poster]

R for trial and model-based cost-effectiveness analysis: one day workshop University College London, July 2019

#### Claire Simons

Generic R methods to prepare routine healthcare data for disease modelling

#### useR!

Toulouse, France, July 2019 Iryna Schlackow Facilitating external use with user-

friendly interfaces: a health policy model case study

#### HTAi 2019 Annual Meeting Cologne, Germany, July 2019 James Buchanan

Can big data from precision medicine observational cohorts reduce evidentiary uncertainty? A perspective from the UK 100,000 Genomes Project

#### Health Economists' Study Group University of East Anglia, July 2019

**Claire Simons** 

Stratification of optimal treatment allocation by disease severity measures: an application to treatment for sleep apnoea

#### **Philip Clarke**

When do we die in the long-run? The relative and absolute survival of politicians over the 20th century

#### Borislava Mihaylova

Model of cardiovascular disease in people with reduced kidney function developed using routine healthcare data

#### Koen Pouwels

Estimating the causal effect of time-varying exposures on excess length of hospital stay: can inverse probability-weighted survival curves improve our estimates?

### Oxford Health Economics Workshop 2019

On 23<sup>rd</sup> May HERC hosted the 2019 Oxford Health Economics Workshop. The morning session acted as an opportunity for HERC staff and DPhil students to "show and tell" our work to the rest of the group. In the afternoon we had the pleasure of welcoming health economists based in other groups across the University. We enjoyed learning more about health economics work around the University, and we discussed topical health-economic issues and potential collaborations.

## HERC at iHEA

Apostolos Tsiachristas: Budget allocation at the commissioning level: does child mental health lose out?

Francesco Salustri: Breaking away from central tendencies to derive more individualised estimates on costs and effects.

Frauke Becker: Choice of statistical model for estimating health state utility for economic models: a case study using quality of life data from individuals at high risk for diabetes.

**Ines Rombach:** Obtaining EQ-5D-5L utilities from the disease <u>specific Quality</u> of Life Alzheimer's Disease Scale: development and results of a mapping study.

James Buchanan: Costeffectiveness modelling of testing strategies: methods to appropriately capture uncertainty. [Discussant]

#### James Buchanan: Do

health professionals value genomic testing? A discrete choice experiment in inherited cardiovascular disease.

James Buchanan: Is there an appetite in the United Kingdom for online antibiotic prescribing? Evidence from a discrete choice experiment. John Buckell: Capturing the role of addiction in smokers' choices: an addiction-conditioned, hybrid choice model approach applied to smokers in the US.

Between 13<sup>th</sup>-17<sup>th</sup> July, HERC researchers delivered a number of presentations at the International Health Economics Association World Congress in Basel, Switzerland.

**Koen Pouwels:** Modelling the long-term consequences of antibiotic use.

Laurence Roope: Reducing expectations for antibiotics in primary care: a randomised experiment to test the provision of different types of information.

Liz Morrell: What influences public and GP willingness to use delayed prescribing? A series of discrete choice experiments. Philip Clarke: Should we consider baseline health utility scores when developing decision models for economic evaluations? A case study of joint replacement.

Philip Clarke: Defining and measuring health poverty.

Sarah Wordsworth: How much economic evidence is really needed to change a healthcare system? An insight from the UK 100,000 Genomes Project.

Winnie Mei: Predicting utility that is missing by design using directed acyclic graphs.

### staff • visitors • funding • publications • presentations • seminars

#### Staff News – Welcome to:



Surya Singh, who joined HERC in August 2019 from Imperial College, London. Surya will be working with Apostolos Tsiachristas on a project for Dorset Clinical Commissioning Group, investigating the impact of transitioning to communitybased diabetes care and promoting health education for self-management, and with Ramón Luengo-Fernández on a study in asthma assessing a hand-held device for



predicting exacerbations.

Alejandro Gil Salmeron, who is a PhD candidate at the University of Valencia, Spain. During his 3-month visit, Alejandro is working

with Apostolos Tsiachristas to develop a methodological framework to evaluate the cost-effectiveness of a community-based intervention that aims to improve the health literacy of immigrants and their access to health and social care in Valencia.



Lizzie Smith, a student currently undertaking an MSc in Global Health Science and Epidemiology in the Nuffield Department of Population Health, who is writing her dissertation in HERC on "Obesity and Lifestyle Behaviours: A Quantile Regression Approach" under the supervision of Frauke



Becker and Jane Wolstenholme.

Xintong Xie, an MSc student from the University of York on a 3-month summer placement. She is working with Laurence Roope, Mara Violato and Philip Clarke on a project analysing ambient air pollution levels across the

world, and how they vary within and between countries.



Nileema Patel, Hannes Hagson, Anya Göpfert, and Samantha Field, who are Public Health Registrars visiting on 2-month placements, working with Filipa Landeiro, Ramón Luengo-Fernández, José Leal and Alastair Gray on the economic burden of dementia cancer, stroke and heart disease and associated research funding in the UK.

#### **Recent Publications**

1. Adams NL, Byrne L, et al. [includes Violato M]. Influence of socio-economic status on Shiga toxin-producing Escherichia coli (STEC) infection incidence, risk factors and clinical features. Epidemiol Infect. 2019. 147:E215. doi:10.1017/ S0950268819000864

2. Beard DJ, Davies LJ, et al. [includes Kent S, Leal J]. The clinical and costeffectiveness of total versus partial knee replacement in patients with medial compartment osteoarthritis (TOPKAT): 5-year outcomes of a randomised controlled trial. Lancet. 2019. doi:10.1016/S0140-6736(19)31281-4

3. Buchanan J, Blair E, et al. [includes Wordsworth S]. Do health professionals value genomic testing? A discrete choice experiment in inherited cardiovascular disease. Eur J Hum Genet. 2019. doi:10.1038/s41431-019-0452-z

Desai M, Bentley A, et al. [includes Dakin H]. Cooled radiofrequency ablation Δ of the genicular nerves for chronic pain due to osteoarthritis of the knee: a cost effectiveness analysis based on trial data. BMC Musculoskelet Disord. 2019. 20:302. doi:10.1186/s12891-019-2681-2

5. Didelot X, Pouwels KB. Machine-learning-assisted selection of antibiotic prescription. Nat Med. 2019. doi:10.1038/s41591-019-0517-0

6. Kapoor M, Storrar W, et al. [includes Luengo-Fernandez R]. Nocturnal temperature-controlled laminar airflow device for adults with severe allergic asthma: the LASER RCT. Health Technol Assess. 2019. 23:29. doi:10.3310/hta23290

7. Kong AH, Mistry P, et al. [includes Jones D, Gray A]. Analysis of hydration and antiemetics policies in preventing cisplatin-related gastrointestinal and renal toxicities in low-risk human papillomavirus positive-oropharyngeal cancer (HPV+OPC) patients undergoing chemoradiation in De-ESCALaTE trial. J Clin Oncol. 2019. doi:10.1200/ JCO.2019.37.15 suppl.6076

8. Morrell L, Hordern J, et al. Mind the gap? The platform trial as a working environment. Trials. 2019. 20:297. doi:10.1186/s13063-019-3377-5

9. Morton RL. Asher R. et al. [includes Wordsworth S]. Risk attitudes and sun protection behaviour: Can behaviour be altered by using a melanoma genomic risk intervention? Cancer Epidemiol. 2019. doi:10.1016/j.canep.2019.05.002



Kevin McEwan, a Foundation Doctor on a 4-month rotation in HERC working with Alastair Gray and Filipa Landeiro on a systematic review of the literature on economic models for Alzheimer's disease as part of the ROADMAP project.

Emiko Svkes, who is a Foundation Doctor on a 4-month rotation in HERC working with Mara Violato on a feasibility study assessing the use of cognitive therapy for adolescents with anxiety disorders.

#### Farewell to:



Seamus Kent, who joined HERC in November 2012 to work on the 25,000-large THRIVE trial evaluating niacin plus laropiprant to reduce cardiovascular risk He then contributed to the economic analyses in the SHARP study investigating the effects of kidney disease and its complications on healthcare costs and the long-term effects of statin-based therapies in kidney disease. In 2014 Seamus won a highly competitive NIHR fellowship to pursue a DPhil investigating the impact of excess weight on healthcare use and costs in the Million Women Study. He completed his thesis in 2017 and continued researching the effects of obesity. Seamus taught regularly, organised seminars, helped colleagues and students and made many friends. In June 2019 he became a Scientific Advisor at NICE. We are sorry to see Seamus leave, but are delighted for his recognition and wish him lots of success and happiness.

Thomas Rouyard, who joined us in 2014, when he was awarded a graduate scholarship to begin a DPhil. This drew on behavioural economics approaches to personalise risk communication, nudging people with Type 2 diabetes towards better self-management by providing lifetime risk information. Part of Thomas's work involved devising very neat software tool to communicate personalised risk information, and after he successfully completed his DPhil in 2018 he did extremely well to obtain a grant from EIT Health (European Institute of Innovation & Technology) to further develop the interface and functionality. Thomas was an excellent student and a popular colleague. We are sorry to see him leave, but delighted that he has successfully obtained a position with the Hitotsubashi Institute for Advanced Study in Tokyo, and we wish him every success in the future



Lokuge, who joined HERC in October 2014 to pursue a DPhil. In early 2019 Kusal completed his thesis, titled "What are the optimal

treatment strategies in people of increased stroke risk due to carotid stenosis: using clinical trial and external data to evaluate the long-term benefits and cost-effectiveness?" showing that the optimal treatment strategy depends on patient's life expectancy or age, with carotid surgery cost-effective for younger patients but medical therapy alone more costeffective in older people. The outputs from Kusal's work are already emerging and will inform treatment guidelines. During his time at HERC Kusal contributed to a wide range of activities from teaching and research to social gatherings for which we are grateful. We wish him lots of happiness and success for the future.

#### **Congratulations to:**

Seun Esan, who successfully defended her DPhil in May 2019, titled: "Sequelae of selected gastrointestinal infections: incidence. risk factors and economic impact on the National Health Service in England". Seun was based in the Nuffield Department of Primary Care Health Sciences and was cosupervised by Mara Violato.

Sarah Briggs, who was successful in obtaining a place at The League of European Research Universities (LERU) Summer School 2019. Their annual doctoral summer school provides students with development opportunities beyond the usual scope of PhD training, and this year focuses on "Building Research Capacity and a Collaborative Global Community"

10. Pufulete M, Harris J, et al. [includes Wordsworth S]. Comprehensive ascertainment of bleeding in patients prescribed different combinations of dual antiplatelet therapy (DAPT) and triple therapy (TT) in the UK: study protocol for three population-based cohort studies emulating 'target trials' (the ADAPTT Study). BMJ Open. 2019. doi:10.1136/bmjopen-2019-029388

Roope LSJ, Smith RD, et al. [includes Pouwels KB, Buchanan J, Wordsworth SJ. The challenge of antimicrobial resistance: What economics can contribute. Science. 2019. doi:10.1126/science.aau4679

12. Sampson CJ, Arnold R, et al. [includes Clarke P]. Transparency in Decision Modelling: What, Why, Who and How? Pharmacoeconomics. 2019. doi:10.1007/ \$40273-019-00819-7

13. Smith DRM, Pouwels KB, et al. Epidemiology and health-economic burden of urinary catheter-associated infection in English NHS hospitals: a probabilistic modelling study. J Hosp Infect. 2019. doi:10.1016/j.jhin.2019.04.010

14. Sniehotta FF, Evans EH, et al. [includes Becker F]. Behavioural intervention for weight loss maintenance versus standard weight advice in adults with obesity: A randomised controlled trial in the UK (NULevel Trial). PLoS Med. 2019. 16(5):e1002793. doi:10.1371/journal.pmed.1002793

Stokes EA, Doble B, et al. [includes Wordsworth S]. Cardiovascular magnetic resonance in emergency patients with multi-vessel disease or unobstructed coronary arteries: a cost-effectiveness analysis in the United Kingdom. BMJ Open. 2019. 9:e025700. doi:10.1136/bmjopen-2018-025700

16. Taylor L, Waite P, et al. [includes Violato M]. Protocol for a Randomised Controlled Feasibility Study Examining the Efficacy of Brief Cognitive Therapy for the Treatment of Anxiety Disorders in Adolescents (TAD-A). Trials. 2019. 20(1):240. doi:10.1186/s13063-019-3295-6

17. **Tsiachristas A**, Ellis G, et al. [includes **Shepperd S**]. Should I stay or should I go? A retrospective propensity score matched analysis using administrative data of hospital-at-home for older people in Scotland. BMJ Open. 2019. 9:e023350. doi:10.1136/bmjopen-2018-023350

18. Violato M, Gray A. The impact of diagnosis on health-related quality of life in people with coeliac disease: a UK population-based longitudinal perspective. BMC Gastroenterol. 2019. 19:68. doi:10.1186/s12876-019-0980-6

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